

**Research Study Information Sheet**

Food security means having safe access to nutritious food that allows you to lead a healthy lifestyle. Over the past two years, the government has reported a fall in food security. Through your participation, this questionnaire aims to identify the impact that the cost-of-living crisis has had on food security in the UK.

---

You have been invited to take part in this research project as a member of the Mid-Surrey Community Fridges community.

---

Taking part in this research project requires you to answer 19 questions and should take approximately 5 minutes to complete.

---

In order to participate in this research you are required to read this participant information sheet. The data this questionnaire collects will be fully anonymised, treated with the utmost confidence, protected in a password secure system and disposed of within 6 months of the completion of the research project. As we will be collecting anonymous data via an online survey, there will not be an opportunity to withdraw your input once you have clicked 'submit' to enter your responses.

---

If you would like to know more about the information you provide or have any questions about the survey, please contact Alex Kelk whose details are at the bottom of this sheet.

